

Folkestone Nepalese Community Centre

Everyday Maths and Living in the UK Impact Report

Confidence, Daily Life, Wellbeing and Independence

1. Overview

Folkestone Nepalese Community (FNC) Centre delivered the **Everyday Maths and Living in the UK programme** to support older Nepalese residents, Gurkha veterans, widows and family members with practical maths, daily life confidence, wellbeing and independence.

The programme has been running since **September 2025**. According to tutor feedback, **19 people are enrolled**, with regular attendance of around **13 people per session**. Sessions are delivered once a week on Fridays for **two hours**.

A total of **10 completed learner survey forms** were reviewed from the uploaded survey document. The survey results show that the programme has made a clear difference to learners' confidence, daily living skills, money management, independence and wellbeing.

2. Programme Delivery

The programme supports learners with practical maths and everyday living skills. Tutor feedback shows that topics covered since April included:

Topic Area	Examples
Living in the UK	Structure of the UK, weather and seasons
Practical maths	Shapes, symmetry, dimensions, arithmetic
Money skills	Cash handling, counting money, calculating change
Time	Telling the time, duration of events
Measures	Weights, measures and distance
Information skills	Use of graphs to convey information

The tutor feedback states that the most enjoyable sessions have been **cash handling, time and distance calculation**. The feedback also notes that sessions appear fun, with laughter, class interaction and activity.

3. Attendance and Reach

Measure	Figure
Total enrolled learners	19
Regular attendance per session	Around 13

Session length	2 hours
Frequency	Once a week
Main delivery day	Friday
Survey responses reviewed	10

The attendance register also shows a consistent group of learners attending across the programme period, with several learners attending regularly.

4. Respondent Profile

All 10 survey respondents were aged **65+**.

Age Group	Number	Percentage
65+	10	100%
Under 65	0	0%

This confirms that the programme is strongly supporting older community members, many of whom may face barriers with English, confidence, money management, forms, bills and social isolation.

5. Community Background

Respondents could tick more than one category.

Category	Number	Percentage
Gurkha veteran	4	40%
Wife / husband / family of Gurkha veteran	5	50%
Widow / widower	5	50%

The survey shows that the programme is reaching FNC's key priority groups, including elderly Gurkha veterans, widows and family members.

Tutor feedback also notes that the class is approximately **two-thirds ladies and one-third men**, showing strong participation from older women.

6. Benefit and Support Status

Support / Benefit	Number	Percentage
Pension Credit	10	100%
Housing Benefit / Council Tax Support	8	80%

Other benefits / support	1	10%
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This shows that the programme is mainly supporting older people on low income. These learners are likely to benefit from practical support with money, bills, shopping, budgeting, household costs and everyday independence.

7. Length of Attendance

Length of Attendance	Number	Percentage
Less than 3 months	1	10%
3–6 months	3	30%
6–12 months	6	60%

Most survey respondents have attended for **more than one year**, showing good engagement and trust in the FNC Centre.

8. Improvement in Maths Confidence

Response	Number	Percentage
A lot	6	60%
A little	4	40%
Not yet	0	0%
Not sure	0	0%

100% of survey respondents said their maths confidence improved.

This is a strong outcome. It shows that the programme is helping older learners gain confidence with everyday numbers, money and practical tasks.

Tutor feedback also supports this, stating that confidence with English and basic maths skills is growing.

9. Skills Improved

Skill Area	Number	Percentage
Counting money and calculating change	10	100%
Understanding UK coins and money	9	90%
Using a tape measure for height, width, length and depth	9	90%
Understanding time and calculating duration	8	80%

Creating a simple budget for income and expenditure	8	80%
Adding, subtracting, multiplying and dividing	8	80%
Understanding bills, utility use, wage slips or bank statements	5	50%
Understanding numbers, symbols, fractions and percentages	4	40%
Calculating area, perimeter or volume	3	30%
Calculating discounts, travel costs, weights or measurements	2	20%

The strongest improvements were in everyday practical maths, especially money, change, measuring, time and budgeting.

Tutor feedback also says learners enjoy practising and repeating basic arithmetic skills, and that some class members enjoy being challenged to think outside the box.

10. Use of Maths in Real Life

Real Life Impact	Number	Percentage
Shopping and checking change	10	100%
Feeling more independent with money	10	100%
Managing money at home	9	90%
Measuring things at home	9	90%
Cooking, weighing or measuring	9	90%
Planning household spending	8	80%
Reading bills, receipts or bank information	7	70%
Planning travel cost, distance or time	7	70%
Understanding wages or work pay	4	40%

The programme is helping learners use maths in real life, not just in the classroom. Learners reported using their skills for shopping, checking change, managing money, measuring at home, cooking, reading bills and planning travel.

This is important because many older learners need practical skills to manage daily life more independently in the UK.

11. Wellbeing and Community Impact

Wellbeing Outcome	Number	Percentage
Feel happier	10	100%
Feel part of the community	9	90%
Feel more confident	9	90%
Feel more independent	9	90%
Have made friends	9	90%
Go out of the home more	9	90%
Feel less lonely	8	80%
Get help with bills, money or daily tasks	8	80%

The survey shows strong wellbeing benefits. Learners are not only improving practical skills, but also feeling happier, more connected, more confident and less lonely.

Tutor feedback also states that the class appears linked to participants' wellbeing, with strong camaraderie within the group.

12. Learner Comments

Learner comments included:

"This centre helped us to understand UK money system."

"I am so happy."

"I am happy to come."

"I enjoy coming. Spending time, feeling less lonely and feeling confident."

These comments show that learners value the class for practical learning, friendship, confidence and emotional wellbeing.

13. Tutor Feedback Summary

Tutor feedback confirms that:

- the programme has been running since September 2025;
- 19 people are enrolled;
- regular attendance is around 13 people per session;
- sessions are two hours once a week on Fridays;
- learners enjoy cash handling, time and distance calculations;
- confidence with English and basic maths is growing;

- learners enjoy practising arithmetic skills;
- practical activities give learners pride and achievement;
- the group has strong camaraderie;
- the class appears enjoyable and beneficial;
- further survey work is useful to identify what learners want to study next.

The tutor also noted that fractions have been the least popular topic and decimal understanding has been one of the more difficult areas for participants. This gives FNC useful evidence for future planning and learner support.

14. Key Findings

1. **19 learners are enrolled**, with around **13 regular attendees per session**.
 2. **100% of survey respondents were aged 65+**, showing the programme is supporting older people.
 3. **100% of respondents receive Pension Credit**, showing the programme supports low-income older residents.
 4. **100% said their maths confidence improved**.
 5. **100% improved in counting money and calculating change**.
 6. **100% said the programme helped with shopping and checking change**.
 7. **100% said they feel more independent with money**.
 8. **90% said they feel more confident, more independent, part of the community, and have made friends**.
 9. **80% said they feel less lonely**.
 10. Tutor feedback confirms that the programme is enjoyable, practical and linked to wellbeing.
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15. Overall Impact Statement

The FNC Centre Everyday Maths and Living in the UK programme has made a clear positive difference to older Nepalese residents, Gurkha veterans, widows and family members.

The programme has improved learners' confidence with everyday maths and helped them use practical skills in real situations such as shopping, checking change, reading bills, budgeting, measuring, cooking, understanding time and planning travel.

The programme also provides wider wellbeing benefits. Learners feel happier, less lonely, more confident, more independent and more connected to the community. The class provides a safe and trusted space for older residents to learn, socialise, ask questions and build confidence in daily life.

Tutor feedback supports the survey findings and confirms that participants enjoy the sessions, interact well with each other and gain a sense of achievement when completing tasks.

16. Conclusion

The evidence from learner surveys, tutor feedback and attendance records shows that the FNC Centre Everyday Maths and Living in the UK programme is achieving strong outcomes in:

- practical maths confidence;
- money management;
- shopping and checking change;
- household budgeting;
- measuring, cooking and time skills;
- confidence and independence;
- social connection;
- reduced loneliness;
- wellbeing and community belonging.

The programme should continue as part of FNC Centre's wider support for elderly Gurkha veterans, widows, low-income households and older Nepalese residents living in Folkestone and the surrounding area.

Future planning should include further learner feedback to identify what topics participants want next, especially around decimals, fractions, bills, forms, travel planning and confidence in using maths in daily life.
