



## Pad Maya Limbu, Sabita Limbu, Min Maya Limbu & Kamala Devi Limbu.

Nepalese - Limbu

"Limbu" is a Nepalese Nation characterised by "Mundhum" beliefs and practices.

We belong to the Limbu family and follow this tradition and, we do different cultural dances like Yaba, Kelang and Dhan.

Our Forbears and Shaman chants Mundum, lighting incense that help the souls of our ancestors to be liberated.

During our cultural dance we imitate nature symbolically and following the ancestors' footsteps leads us to self-satisfaction.

