



Women Of Faith

Purna “Kulung Rai”, Kamala “Puma” Rai, Dhan Kumari “Bantawa” Rai, Tara Kumari “Sampang” Rai.

Nepalese - Rai

"Rai" is a Nepalese Nation that follows Kirat Tradition, which venerates Nature and Ancestors.

Since we are born, we learn to recall and respect the ancestors through “Hearth Stones” that belong to each family. These stones are sacred, and our Forebear put the soul of our ancestors in them.

When we worship the three stones of the sacred pit - "Heath Stones" - we can honour and thank our ancestors and seek their pardon for ourselves & our community and nature to be gentle.

The practice enables us to recall and relate to our ancestors and nature which gives us inner calm and generosity.

