

# Folkestone Leas Lift Community Textile Project

## "Grounded and Lifted" - creating connections through fabric and stories

### What is this project?

As we celebrate the exciting restoration of this beloved Folkestone landmark, we're creating a beautiful community textile artwork that will be displayed when the historic Leas Lift reopens. Through fabric and stories, we'll explore what makes us feel grounded (stable, secure, rooted) and lifted (supported, elevated, joyful) - capturing the transformative spirit of the Leas Lift itself.

The finished artwork will be displayed in the East Wing, creating a beautiful, interactive installation that visitors can read, touch, and experience. Your group's contribution will be part of the opening exhibition when the Leas Lift reopens in Spring 2026.

### What will your group do?

#### 1. Two Creative Workshops in October 2025 (2-2.5 hours each)

- **Explore feelings** connected to being grounded and lifted through the Leas Lift experience
- **Share experiences** with others in your group about what makes you feel stable and what supports you
- **Create together** using fabrics, threads, and simple textile techniques
- **No experience needed** - we'll provide all materials and gentle guidance

**2. Community assembly** - Help put the final artwork together during community sewing sessions at the Nepalese Community Centre (November – December 2025)

### Full accessibility support

**We want everyone to participate:**

- **All workshops come to you** - we bring everything to your usual meeting place
- **Adapted tools:** Large-grip tools, pre-cut materials, self-threading needles
- **Flexible methods:** Choose techniques that work for your abilities
- **Different needs welcome:** Sensory considerations, mobility support, cognitive differences
- **No pressure:** Work at your own pace, take breaks when you need them

### Questions?

*This project is led by Kate Saner, who specialises in community-led textile-based creative projects where everyone can participate meaningfully, regardless of abilities or background.*

**Contact her for more details – [katesanerwork@gmail.com](mailto:katesanerwork@gmail.com)**

Alternatively, contact **Yaz Norris**, Leas Lift Community Engagement Manager - [yaz.norris@leaslift.co.uk](mailto:yaz.norris@leaslift.co.uk)