

Folkestone Nepalese Community (FNC) Centre Survey Summary Feb 2024

According to the surveys done in February 2024, there are some beneficiaries who experience loneliness and anxiety who require help and support from the FNC Centre. The survey result indicates that the FNC Centre has had a significant effect on the lives of the beneficiaries, and they are very satisfied with the activities and services offered by the FNC Centre. This aligns with the previous reports on loneliness as it shows that the beneficiaries are participating in the activities provided by the FNC Centre. All of the reports have demonstrated that the FNC Centre has identified activities and services that match the needs and interests of the beneficiaries.

Overall, in all the lessons/workshops, the feedback seems to be that the lessons are very informative. This is a positive sign for FNC Centre as it shows that the teachers FNC Centre selects are appropriate. However, the main suggestion for improvement is that there should be some sort of discussion on how to make content more relevant to their needs as we would obviously want our beneficiaries to be very enthusiastic in this aspect.

SURVEY RECORDS OF FNC Centre FROM FEBRUARY 2024

AGE	RESPONSE
16-25	0
26-35	0
36-45	0
46-55	1
56-65	3
65 AND OVER	6

SEX	RESPONSE
MALE	2
FEMALE	8
LESBIAN/GAY	0
BISexual	0
OTHER	0

MARTIAL STATUS	RESPONSE
SINGLE	0
MARRIED	7
WIDOW	3
WIDOWER	0

DISABILITY	RESPONSE
YES	2
PHYSICAL IMPAIRMENT	0
SENSORY IMPAIRMENT	1
MENTAL HEALTH CONDITION	0
LEARNING DISABILITY	1
LONG-STANDING ILLNESS	0
OTHER	1
NO	8

FNC Centre = FNCC

STATEMENT	Score					
	Not at all			Completely		
	0	1	2	3	4	5
HOW OFTEN DO YOU FEEL THAT YOU LACK COMPANIONSHIP ?	8	1	1	0	0	0
HOW OFTEN DO YOU FEEL LEFT OUT ?	9	0	0	1	0	0
HOW OFTEN DO YOU FEEL ISOLATED FROM OTHERS ?	8	0	2	0	0	0
HOW OFTEN DO YOU FELL LONELY ?	8	0	1	1	0	0
WITHOUT THE HELP OF FNCC, I KNOW WHERE TO FIND INFORMATION AND ADVICE THAT I AM CONFIDENT IS ACCURATE AND I CAN EASILY UNDERSTAND.	2	1	1	3	2	1
WITHOUT THE HELP OF FNCC, I CAN CARRY OUT THE EVERYDAY ACTIVITES THAT I CHOOSE.	2	1	1	3	1	2
WITHOUT THE HELP OF FNCC, I AM SUPPORTED TO LIVE SAFELY AND INDEPENDENTLY.	3	0	1	3	2	1
I CAN ACCESS SOCIAL ACTIVITES THAT I ENJOY NOT NECESSARILY IN THE FNCC.	3	1	0	0	2	4
OVERALL, HOW HAPPY HAS THE FNCC MADE IN YOUR LIFE NOWADAYS?				0	3	7
OVERALL, HOW SATISFIED ARE YOU WITH THE FNCC SERVICES AND THEIR ACTIVITES ?				0	1	9

Comments:

- "The individual feels happy and satisfied about the FNCC and the facilities provided by it."
- "She is diabetic and relying an insulin and she is working part time. She joins community activities regularly and even helps other elderly citizens."
- "She is completely relying on FNCC and doesn't think she has been alone or helpless. She misses her children when she is at home. She is applying for her three children to join her in the UK."
- "The FNCC has helped the individual to socialise with people from the same community, which has added social and emotional value in their life."
- "The individual enjoyed the sessions the lessons, i.e. maths an English classes provided by the centre."
- "The person believes that the FNCC made her life more social due to the extra curriculars."
- "The individual thinks her retirement life is more enjoyable and fun."
- "The person really enjoys the energy in the FNCC and all their activities."
- "She rarely feels that she lacks companionship as she is involved in various community activities regularly which are well-informed and displayed monthly and weekly. As FNC is providing help socially and professionally she has not felt lonely or need to worry."
- "As FNCC is providing her support in her social, she doesn't feel lonely and helpless. Without FNCC she is definite that she would suffer mentally and socially as she has language barrier and lose her friends that she has met through the FNC and their activities."