



Folkestone Nepalese Community Centre

Survey Brief Report

August - October 2023

Introduction

Folkestone Nepalese Community Centre run the activities based on health and wellbeing to combat loneliness primarily focused on the Gurkha veterans and their families living around Folkestone & Hythe. The details of the activities, projects and events can be found at www.fncuk.org.

A total of 35 beneficiaries of the FNCC participated in the survey.

The aim of the survey is to find out the feelings and thoughts of the beneficiaries, gain feedback on improving services and the impact of the activities provided by the FNCC during this three-months period (August – October). The survey will also help in assessing the health and wellbeing of the beneficiaries for which we used scaling questions method where the beneficiary was asked to rate the statement from 0 to 5.

Participants Demography

88.6% of the response was from the age group of 65 and over which is the highest in the age category. This shows that more of the senior citizens visit and participate in the activity at the FNCC. From the 42.9% of the beneficiaries who said they have disability or health conditions, 60% of them selected long-standing illness, this shows the beneficiaries have restriction on their lifestyle choices which can affect their quality of life. Overall, 51.4% of the beneficiaries who participated in the survey were male and 48.6% were female. Among the beneficiaries, 77.1% of them are married, 3% are single, 20% are widow.

Result of the Survey

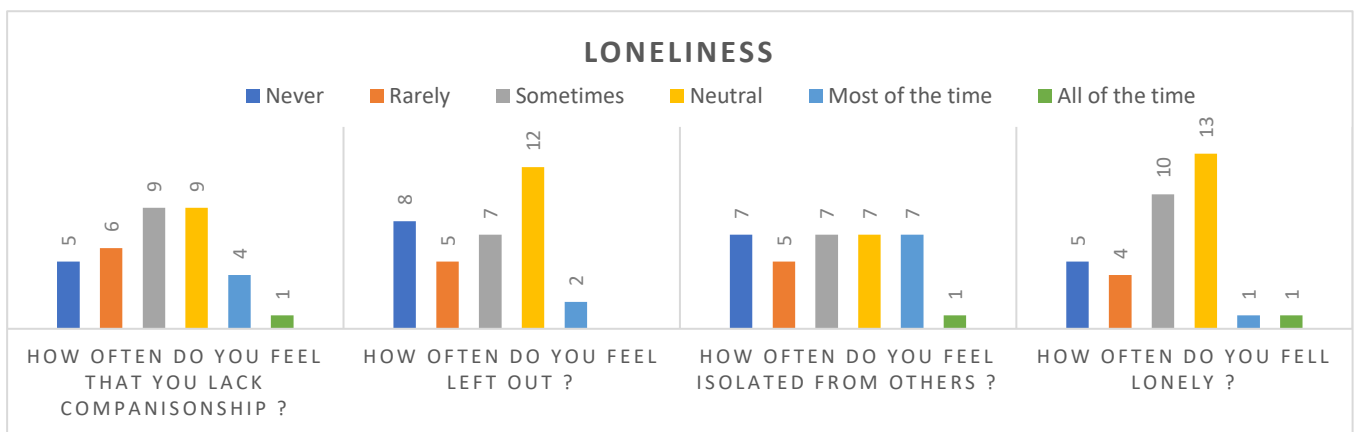


Figure 1 The result of the survey for loneliness

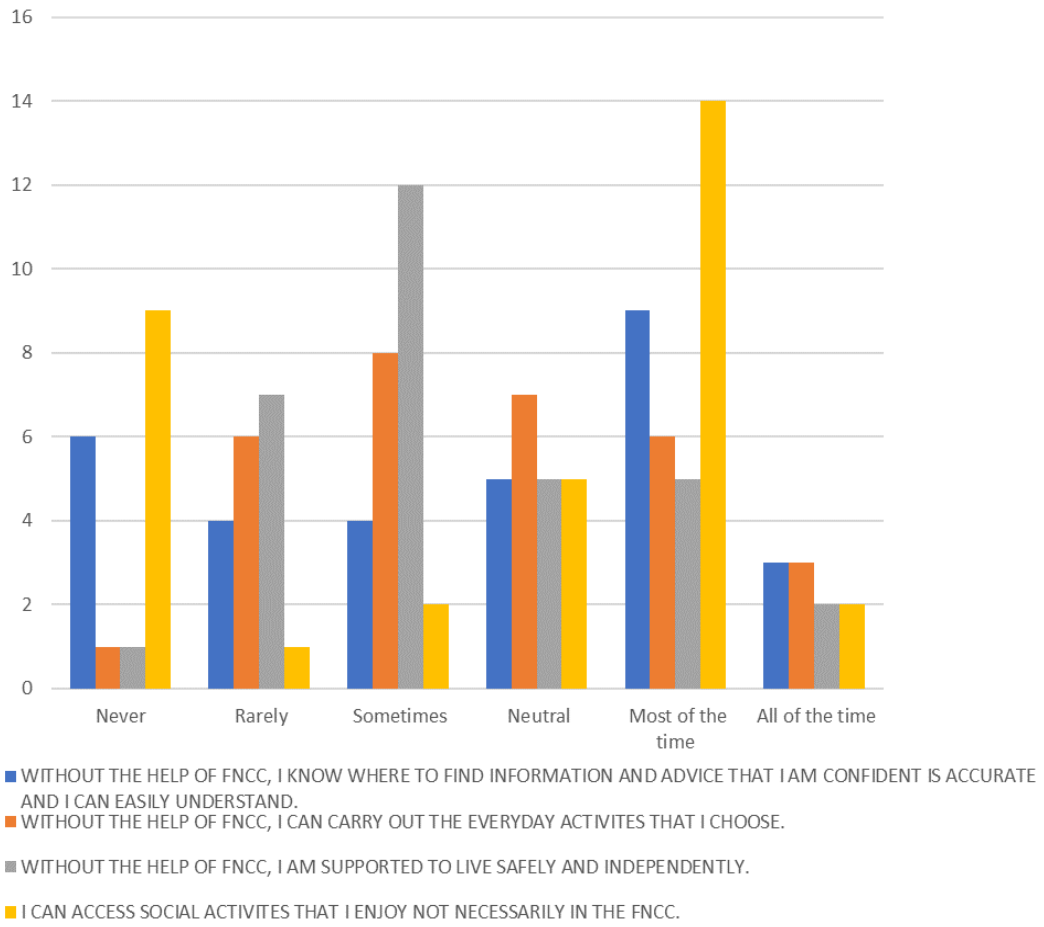


Figure 2 The result of the survey of the role of the FNCC played as the advice and information centre, and personal and social activities.

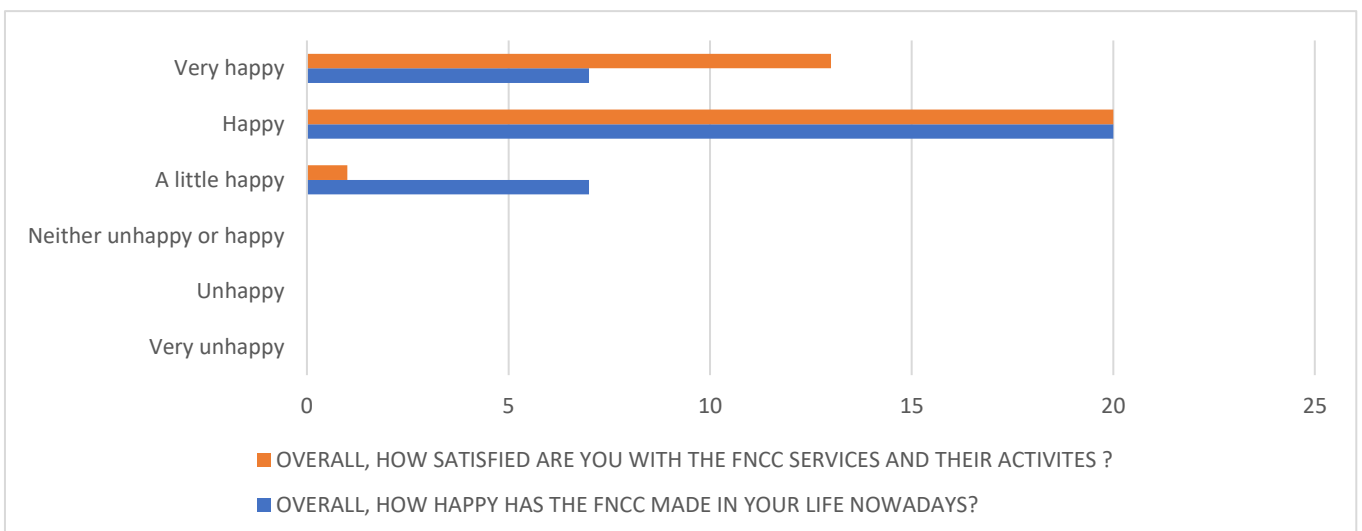


Figure 3 the survey result on the FNCC impact and beneficiaries' satisfaction



The survey shows that many beneficiaries rely on the FNCC and other support, such as information and for social activities. Figure 3 shows the survey result on the FNCC impact and beneficiaries' satisfaction. The survey result shows that the many beneficiaries are positively impacted by the activities provided by the FNCC and almost all the beneficiaries are satisfied with the FNCC's activities and services.

Conclusion:

In conclusion, the survey result shows that we have beneficiaries from a wide range of age group involved at the FNCC but majority of them are senior veterans. While there has been an increase of beneficiaries capable of helping themselves from the previous surveys, this survey still shows that FNCC is still important for the lives of many beneficiaries.

The survey shows that there are beneficiaries who feel lonely and anxious who need help and support from the FNCC. The survey result shows that the FNCC has made a significant impact in the lives of the beneficiaries, and they do find the activities and services provided by the FNCC of great satisfaction.